

Vitamins, Herbs, Native Remedies,  
Green Cleaning Products and Pet Alternative  
Care

# Holistic Health Clinic of Georgia

2012 Catalog



**Calcium Liquid**

**32 Oz Bottle \$28.95** Provides high-quality, cost-effective liquid formula. Offers superior absorption. Includes boron for building bone density. Supports healthy hearts, nerves, and muscles. Provides calcium in highly bioavailable forms. Builds strong bones and teeth.



**Children's Multiple Liquid**

**32 Oz Bottle \$28.95** Provides vitamins, minerals, trace minerals, and amino acids needed for growing bodies. Offers higher absorption rate. Is sugar free. Supports a healthy immune system. Features pure aloe vera juice. Is formulated with extra vitamin C. Is great for the entire family.



**Daily Multiple Liquid**

**32 Oz Bottle \$27.95** Provides whole-food liquid for easy absorption. Contains all the important vitamins and minerals. Offers comprehensive trace-mineral profile. Provides important amino acids and enzymes. Made with high-quality aloe vera. Contains eleuthero for an energetic punch.



**Antioxidant Boost Liquid**

**32 Oz Bottle \$28.95** Provides powerful liquid combination of outstanding ingredients. Includes acai, goji, resveratrol, and CoQ10. Helps neutralize free radicals. Offers superior absorption for greatest effectiveness. Has patented ingredients such as Wellberry and OptiBerry.



**Colon Maintenance**  
 90 Capsules \$8.95 Is designed to continually help remove the buildup of waste in the intestinal tract. Helps maintain regularity. May be taken in a daily regimen for as long as desired.



**Enfuz (Advanced)**  
 30 Packets \$39.95 Compared to Enfuz Basic, this formulation contains twice the levels of superfruits, enteric-coated omega-3 (with over four times the levels of EPA/DHA), and a more-powerful probiotic. Contains all major vitamins and minerals. Probiotics balance the levels of friendly bacteria in the intestinal tract. Provides antioxidants from superfruits including acai, mangosteen, noni, pomegranate, resveratrol, and more. Offers high-quality fish oil that provides cardiovascular benefits. Carry a daily pack with you and take at your convenience! Includes 1900 IU of vitamin D3 per serving. Provides doctor-approved formulation.



**Energy and Stress Liquid**  
 32 Oz Bottle \$26.95 Provides natural energy boost from B vitamin complex. Includes pantothenic acid, which supports nervous system health and energy production. Helps replace potassium depleted by physical exertion. Is stimulant free. Offers liquid formulation that provides superior absorption.



**Enfuz (Basic) 30 Packets \$29.95 Contains all major vitamins and minerals. Probiotics balance the levels of friendly bacteria in the intestinal tract. Provides antioxidants from superfruits including acai, mangosteen, noni, pomegranate, resveratrol, and more. Offers high-quality fish oil that provides cardiovascular benefits, supports mental health, and more! Carry a daily pack with you and take at your convenience! Save over 50 percent the cost of buying individual products. Includes 1900 IU of vitamin D3 per serving. Doctor-approved formulation**



Echinacea/Goldenseal Liquid – Alcohol Free  
2 Fl. Oz \$14.90 Is manufactured to highest standards without the use of harsh chemicals. Provides immune-enhancing nutrients. Combines two popular herbal ingredients for maximum effectiveness. Stimulates the immune system.



Deep Relief 5 mil \$10.40 A special combination Clove Bud, Ginger and Nutmeg oils. Penetrates deep. Warms and soothes aching joints.



Fish Oil Liquid  
8 Fl. Oz. (237 MI) \$15.80 Provides a rich source of omega-3 fatty acids. Has been molecularly distilled to remove PCBs, dioxins, and heavy metals. Offers pleasant lemon/lime taste. The American Heart Association has endorsed omega-3 fatty acids as good for the heart. Supportive but inconclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. Has been nitrogen flushed to preserve freshness.

Echinacea Liquid – Alcohol Free  
2 Fl. Oz. \$15.99 Is made with organically grown and wild-harvested plants of the highest quality. Is manufactured to highest standards without the use of harsh chemicals. Offers one of the most popular herbs for mild respiratory illness. Stimulates the immune system.





**Focus Formula Liquid 32 Oz Bottle \$30.99** Provides high absorption rate. Improves focus and concentration. Is designed to support a child's ability to focus. Is great for all ages. Comes as cost-effective liquid formula.



**Glucose Support Liquid 32 Oz Bottle \$27.99** Helps maintain blood sugar levels already in a healthy range. Provides high-quality, cost-effective liquid formula. Offers immune booster and circulation support. Is easily absorbed.



**Horse/Dog Joint Formula Liquid 32 Oz Bottle \$59.99** Contains 5,200 mg of glucosamine in each dose. Includes perna mussel, MSM, and shark cartilage to support joint and cartilage health. Provides powerful antioxidants.



**Hair Loss Support Liquid 32 Oz Bottle \$27.80** Addresses underlying nutrient deficiencies that cause hair loss. Includes biotin and inositol, two often-overlooked vitamins that are key to healthy hair. Provides liquid formulation that contributes to superior absorption. Offers saw palmetto, which helps reduce buildup of DHT in the body. Provides proprietary blend of natural herbs and supplements. Offers important antioxidants that scavenge free radicals, which may damage hair

**Hair, Skin & Nails Liquid 32 Oz Bottle \$28.99** Provides essential fatty acid blend that protects against scaly skin, cracked fingernails, and dry hair. Offers proprietary blend of MSM, kelp, collagen, borage oil, and more. Helps soften, renew, and strengthen the skin. Addresses the internal nutritional support needs for healthy hair, skin, and nails.

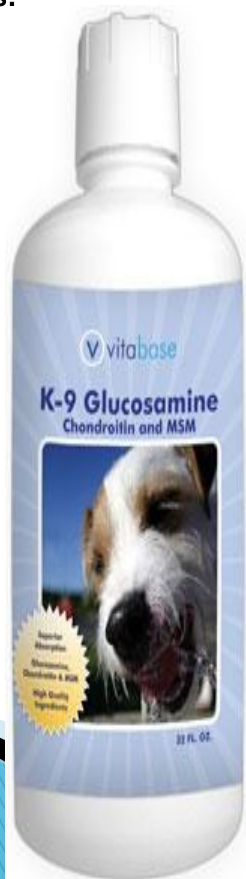




Great Hair 30 Tablets \$12.99 Contains saw palmetto and a wide variety of other nutrients. Contains necessary vitamins and minerals for improved scalp and hair health. Provides nutrients that help prevent hair loss. Offers amino acid cysteine, which improves quality, texture, and growth of hair. Supports healthy hair growth. Is great for men concerned about receding hairlines.



Glucosamine Liquid 32 Oz Bottle \$32.95 Provides pharmaceutical-grade glucosamine. Also includes MSM and chondroitin. Offers easy-to-swallow liquid formula. Provides amazing potency. Offers anti-inflammatory pain relief. Is more economical than purchasing separate supplements.



K-9 Glucosamine Liquid 32 Oz Bottle \$32.95 Has been clinically shown to prevent and improve joint ailments in animals. Aids in prevention of joint problems in younger animals. Provides liquid form that is more quickly absorbed. Offers high concentration of glucosamine and chondroitin. Proves beneficial for horses also.



**Liver Detox Formula 1 Fl. Oz. (29.6 MI) \$11.95**  
Contains herbs traditionally used for liver detoxification. Supports healthy liver function and digestive health. Includes seven organically grown herbs



**Liquid Green Tea Formula 1 Fl. Oz. (29.6 MI) \$13.95**  
Provides a very powerful antioxidant. Is manufactured to supply the optimal level of 50 percent natural occurring catechins. Is frequently used in weight-loss products. Is good for heart and circulatory health. Offers one of the most popular nutritional supplements on the market.



**Goldenseal Liquid 1 Fl. Oz. \$12.80** Is organically grown and harvested. Stimulates the immune system. Is useful during times of seasonal change. Offers one of the most popular herbs for mild respiratory discomfort.



**Liquid Hawthorn 1 Fl. Oz. (29.6 MI) \$10.99** Is used to support heart health. Provides antioxidant characteristics. Has been standardized to ensure you get the highest-quality ingredients. Offers long history of use in Europe for heart problems.





**Nettle Leaf 1 Fl. Oz. (29.6 ml)**  
**\$10.99** Supports urinary-tract health. Is organically grown. Is commonly used in allergy-related products



**SV915 Oregano Oil**  
**\$36.25** 2 Fl. Oz. Is made only from wild, mountain-grown, Mediterranean oregano that is free of all chemicals and pesticides. Is standardized to 70 percent carvacrol. Provides strong immune system support.

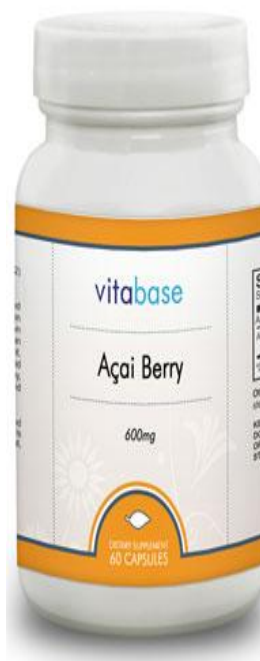


**Milk Thistle Liquid 2 Fl. Oz**  
**Now: \$17.95** Supports healthy liver function. Offers organic liquid formulation. Is processed and extracted without the use of harsh chemicals or solvents. Offers powerful antioxidants that work in the liver and kidneys to scavenge free radicals



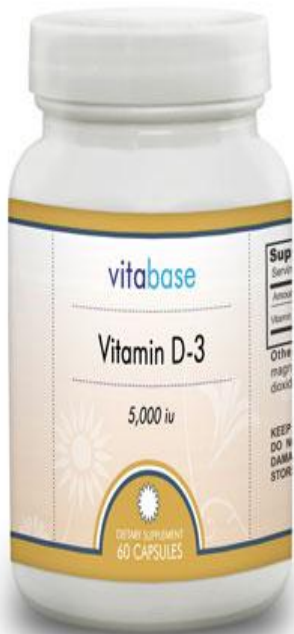
**Stevia Extract Liquid**  
 2 Fl. Oz. Now: \$15.95 Provides calorie-free alternative to sugar. Is up to 300 times sweeter than sugar. Is useful to those seeking to control blood-sugar levels. Is suitable for use in cooking. Does not cause tooth decay, a well-known and unwanted side effect of sugar.

**Vitamin D-3 (1500 IU) 100 Tablets**  
 Now: \$9.50  
 Supplies 1,500 IU of vitamin D3 per capsule as cholecalciferol, a more bioactive form. Is necessary for proper absorption of calcium, phosphorous, and magnesium. Can help prevent or reverse osteoporosis. May help those who are overweight.



**Organic Flax Oil Liquid 8 Fl. Oz. (237 ml)**  
 Now: \$11.95  
 Provides a rich source of omega-3, omega-6, and omega-9 fatty acids. Is made from the finest flaxseeds available. Is hexane free. Supportive but inconclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. Contains lignans believed to possess antioxidant properties.

**Acai - Supplement 60 Capsules \$18.95**  
 Provides six times the antioxidant power of noni or mangosteen. Offers a full range of vitamins, minerals, and key fatty acids. Boosts energy. Encourages natural nutrition to fight cholesterol



**Vitamin D-3 (5000 IU)  
60 Capsules \$8.99**  
Contains 5,000 IU of vitamin D3 per capsule  
Supplies vitamin D as cholecalciferol, a more bioactive form.  
Is necessary for proper absorption of calcium, phosphorous, and magnesium.  
Can help prevent or reverse osteoporosis.  
May help people who are overweight.



**Krill Oil 60 Softgels  
\$20.99** Delivers a potent 500 mg of purified krill oil in every easy-to-absorb softgel capsule.  
Provides rich source of omega-3 fatty acids.  
Contains high amounts of astaxanthin, a powerful antioxidant.  
Does not contain the aftertaste associated with fish oil.  
Supportive but inconclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.



**Wrinkle Free Skin Formula 60 Capsules  
\$12.55** Loaded with Antioxdants to fight the damaging effects of free radicals in the body.  
Contains combination of ingredients to help maintain healthy skin, and fight wrinkles



**ALA/ALC 60 Capsules \$11.95**  
Provides powerful combination of acetyl L-carnitine and alpha lipoic acid.  
Helps the underlying structure of skin.  
Supports nerve function.



**Alfalfa (550 mg) \$7.95** Provides one of the most mineral-rich plants we know of. Is rich in phytoestrogens and contains eight essential amino acids. Is high in chlorophyll and vitamins A, D, B6, E, and K. Also provides some calcium and phosphorus. Is carefully selected and dried using a process designed to preserve its naturally occurring constituents. Offers vegetarian tablets, each of which contains 550 mg of alfalfa.

**Active Woman's Multi 90 Tablets \$15.95** Provides complete multivitamin that contains generous amounts of all essential vitamins and minerals. Offers black cohosh and dong quai for menopausal health. Features cranberry fruit extract and uvaursi berries to support urinary tract function. Offers one complete supplement to replace a multivitamin and a number of other supplements. Features high-quality ingredients. Is scientifically formulated for optimum benefit.





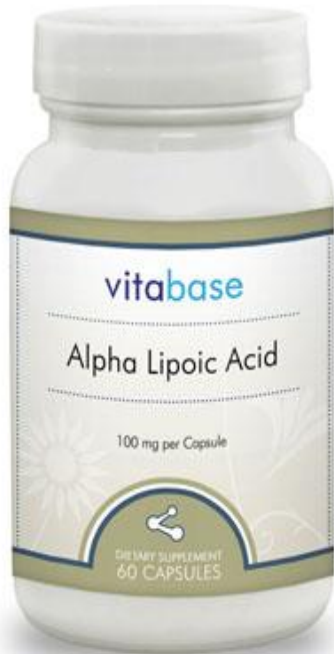
**Bovine Collagen (750 mg) 120 Capsules \$9.55** Can help reduce joint pain and increase mobility. Can improve brittle hair and skin wrinkles. Provides amino acids that can be converted to energy. Is hydrolyzed for better absorption



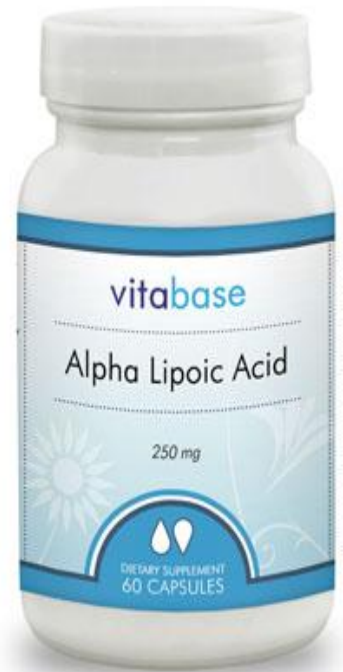
**Brain Support 60 Capsules \$22.50** Contains ingredients believed to increase circulation, enhance long- and short-term memory, and improve concentration. Is standardized under strict European guidelines to ensure maximum quality and potency. Provides optimal levels of naturally occurring flavone glycosides and terpene lactones. Offers capsules, each of which contains 30 mg of standardized ginkgo biloba leaf extract in a 50:1 concentrate.



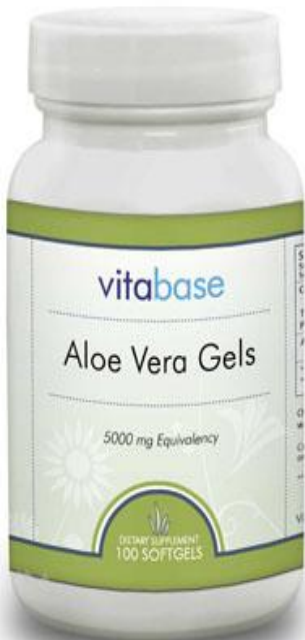
**Aller-7 Support 90 Tablets \$30.25** In addition to Aller-7™, it contains quercetin, stinging nettles, MSM, berry extracts, and more. Safe, nontoxic, and well tolerated, Aller-7™ will not cause side effects, such as nervousness, headaches, fatigue, drowsiness, and bleeding. Aller-7™ is backed by 10 years of research and is clinically proven to be effective. Helps provide seasonal allergy relief. Supports healthy respiratory and immune systems by promoting clear airway passages, stabilizing mast cells, and neutralizing free radicals.



**Alpha Lipoic Acid (100 mg)  
60 Capsules  
Now: \$12.95**  
Neutralizes free radicals. Helps regenerate vitamins C and E, increasing their effectiveness in scavenging free radicals. Positively affects the metabolism, leading to increased energy. Used since the 1960s in Europe for its positive effects on blood sugar levels. Is key to proper metabolism of glucose in the cells. Proves to be beneficial for liver health. Is available in 100 mg- and 250 mg-size capsules.



**Alpha Lipoic Acid (250 mg) 60 Vegicaps \$22.45**  
Neutralizes free radicals. Helps regenerate vitamins C and E, increasing their effectiveness in scavenging free radicals. Positively affects the metabolism, leading to increased energy. Has been used since the 1960s in Europe for its positive effects on blood sugar levels. Is key to proper metabolism of glucose in the cells. Proves to be beneficial for liver health. Is available in 100 mg- and 250 mg-size capsules.



**Aloe Vera Gels (25 mg) 100 Softgels \$12.50**  
Supports healthy digestion. When used topically, it softens and soothes the skin. Contains enzymes, amino acids, vitamin C, and minerals. Is rich in glycosaminoglycans (GAG), which are essential for healthy joints



**VitaComplete (Liquid Multivitamin) 32 Oz Bottle  
\$37.99 Contains over 200 nutrients (complete  
multivitamin plus much more).  
Includes many popular juices like mangosteen  
and acai.**

**Save money! Get all your supplement needs in  
one product instead of multiple supplements.  
Provides 29 fruits, 13 vegetables, and 26  
proprietary herbs.**

**Offers four types of beneficial fiber.**

**Contains 13 vitamins.**

**Provides 69 minerals from whole foods.**

**Contains six essential fatty acids.**

**Offers 17 amino acids.**

**Provides seven organic plant-digestive enzymes**



**Zinc (20 mg) 100 Tablets \$7.50** We use L-OptiZinc®, the only premium zinc supplement approved by the FDA for human nutrition. Unlike other zinc supplements, L-OptiZinc® will not cause anemia by removing iron from cells. Is essential for growth and development, reproduction, digestion, respiration and proper brain, nerve, vision, and immune function. Offers one of 16 essential trace minerals the body needs to stay healthy. Provides tablets, each of which contains 20 mg of L-OptiZinc®.



**Women's Support 60 Capsules \$8.55** Supports women's health during normal midlife changes. Contains 12 popular herbs including red clover, black cohosh, dong quai, licorice, red raspberry, and Mexican yam. Provides only the highest-quality ingredients. Is very economical compared to buying individual products. Offers nutrients for menopausal support



**Vitamin E (400 IU) 50 Softgel Capsules \$7.80** Is made from 100 percent natural sources. Helps support a strong immune system. Is useful in protecting your heart. Helps reduce the risk of death from heart-related problems. Offers powerful antioxidant to fight free radicals and slow the aging process. Increased vitamin E reduces risk of type 2 diabetes.





**B-Complex (50 mg, Sustained Release) 100 Tablets \$9.99** Is essential for many body functions.

**Aids in energy production.**

**Special sustained-release formulation releases B vitamins throughout the day.**

**Is beneficial to metabolism.**

**Works synergistically with other nutrients to aid assimilation and absorption of vitamins and minerals.**

**Promotes healthy growth and development.**



**Active Man's Formula 90 Tablets \$20.99** Contains saw palmetto, lycopene, and pygeum to support prostate health.

**Provides a complete multivitamin that contains a full spectrum of vitamins and minerals.**

**Includes beta-sitosterol to support heart health.**

**Offers beneficial antioxidants from green tea extract and grade seed extract.**

**Contains maca, a valuable herb traditionally used to enhance sexual desire.**

**Convenient formulation eliminates the need for multiple products.**



**Bee Pollen (500 mg) 90 Tablets \$8.70** Provides rich source of B vitamins. Offers strong nutritional profile. Provides 500 mg tablets. Contains trace minerals, amino acids, and enzymes.



**Bee Propolis (500 mg) 100 Capsules \$13.99** Is full of powerful antioxidants. Contains all vitamins except vitamin K. Is loaded with flavonoids



**Beta Carotene (25,000 IU) 100 Softgel Capsules \$9.25** Promotes vision and eye health. Contains 25,000 IU of vitamin A (as beta-carotene) per softgel. Benefits the heart and other organs. Helps maintain the skin and hair. Supports immune function. Offers valuable antioxidant. The body easily converts nontoxic form of vitamin A as needed.



**Beta Sitosterol (500 mg) 90 Capsules \$12.45 Supports healthy cholesterol levels within the normal range. The average American diet consists of inadequate levels of beta-sitosterol. Provides capsules, each of which contains 500 mg of beta-sitosterol.**



**Bilberry Extract Plus (Formula) Bilberry Extract Plus (Formula) \$13.20 Helps maintain healthy eyes. Contains 60 mg of standardized bilberry fruit extract as well as red grape skin extract and citrus bioflavonoid complex, which work synergistically to enhance the benefits of bilberry. Is loaded with strong antioxidants. Contains anthocyanosides, which enhance microcirculation in the body**



**Beta Glucan (100 mg) 90 Vegicaps Now: \$16.99 Supports immune system function. Offers vegetarian/vegan formula. May reduce healing time from infections**



**Black Cohosh Extract Plus 120 Capsules**  
\$10.50 Is commonly used by females for problems including PMS and menstrual cramps.

Is recommended by the American College of Obstetrics and Gynecology for relief of some menopausal symptoms.

Provides capsules, each of which contains 40 mg of standardized black cohosh root extract and 100 mg of chasteberry and dong quai.

Offers support for menopausal symptoms such as hot flashes, mild mood changes, and heart palpitations.



**Blood Pressure Support 90 Tablets**  
\$19.99 Provides combination of herbs and minerals formulated to maintain healthy blood pressure levels.

Is all natural.

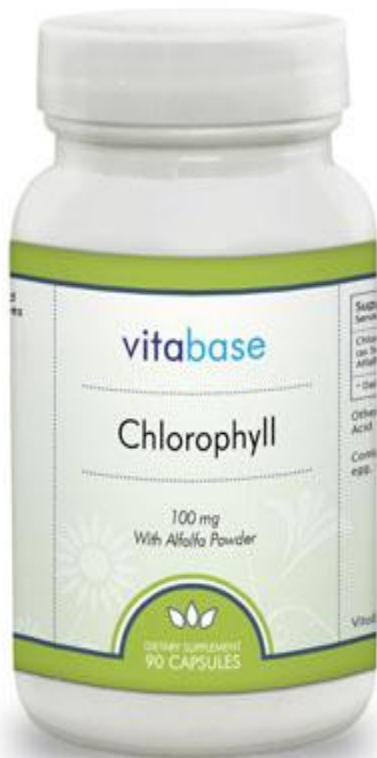
Includes hawthorn, magnesium, taurine, hops strobiles, and coleus forskohlii.



**Biotin (5000 mcg) 60 Capsules**  
\$11.60 Works with B vitamins to break down and metabolize fats in the body. Helps with energy metabolism.

Helps maintain healthy hair and skin.

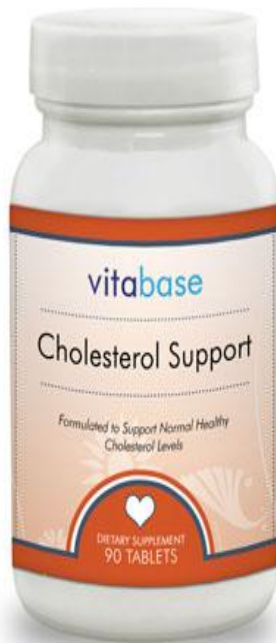
Offers 5,000 mcg per capsule.



**Chlorophyll (100 mg) 90 Capsules \$13.10** May contribute to overall wellness. Is made from high-quality alfalfa. Helps scavenge free radicals. Efficiently delivers magnesium to the cells



**Chlorella (1000 mg) 60 Tablets \$14.75** Contains the highest levels of chlorophyll of any plant. Is high in protein, beta-carotene, vitamin B12, and 19 amino acids. Provides high levels of RNA and DNA. May help boost immune system function.



**Cholesterol Support 90  
Tablets \$27.99 Contains  
policosanol, guggulipids, soy  
bean extract, B vitamins,  
and much more.  
Uses ingredients many  
studies have shown to be  
effective.  
Provides natural ingredient  
that shows promise for  
keeping cholesterol levels in  
a normal range**



**Chromium (200 mcg) 100 Capsules  
\$8.45**

**Uses ChromeMate®, a patented oxygen-coordinated, niacin-bound chromium complex.**

**Is 600 percent more effective than chromium chloride.**

**Is 300 percent more effective than chromium picolinate.**

**Provides 200 mcg of chromium in each capsule**



**Chromium Picolinate (200 mcg)  
90 Capsules \$8.20** Has been studied for its influence on blood sugar. Helps maintain blood sugar levels already in a healthy range. Is perhaps the most popular form of chromium on the market.

**Chlorella (1000 mg) 60 Tablets \$14.25**

**Contains the highest levels of chlorophyll of any plant.**

**Is high in protein, beta-carotene, vitamin B12, and 19 amino acids.**

**Provides high levels of RNA and DNA.**

**May help boost immune system function**



**Cider Vinegar 180 Capsules \$15.99**  
Provides the health benefits of apple cider vinegar without the sharp, acidic taste.

Offers kelp, which assists with metabolism—controlling thyroid hormones.

Supplies fiber from grapefruit and glucomannan.

Provides vitamin B6, which is necessary for metabolism of fats, carbohydrates, and protein



**Cinnamon (Cinnulin–PF) (125 mg) 60 Capsules \$13.99** Contains Cinnulin–PF©, the only cinnamon extract with the recognized active compound in cinnamon.

Helps maintain blood sugar levels within a normal range.

Contributes to a healthy heart and circulation.

Avoids the potential danger of long–term or high use of regular cinnamon.







**CLA (1000 mg) 60 Softgel Capsules \$13.50 Offers important essential fatty acid. Comes from Tonalin® CLA, the premier, patented brand of CLA. Sustains lean muscle mass. Supports dieting goals when associated with diet and exercise. Supports healthy body composition. Provides 1,000 mg of Tonalin® per capsule.**

**ClearFiber 5 Oz Powder \$12.55 Dissolves clearly in liquid or soft food. Provides a product without grit or thickening. Helps restore regularity. Affirms that a diet high in fiber supports healthy cholesterol levels.**





**Hair, Skin & Nails Formula 90 Tablets \$11.50 Contains vitamins, minerals, and herbs beneficial for healthy hair, skin, and nails. Provides complete multivitamin and mineral — no need to take multiple products!**



**Green Tea Extract (300 mg) 60 Capsules \$12.25 Provides one of the most powerful antioxidants to fight free radicals and slow the aging process. Is produced under strict quality-control standards without the use of harsh solvents. Is manufactured to supply the optimal level of 50 percent natural-occurring catechins. Offers popular ingredient in diet pills because of its stimulant properties. Provides capsules, each of which contains 300 mg of standardized green tea extract.**



**Hawthorn Extract (100 mg) 120 Capsules \$12.25 Is used to support heart health. Is standardized to ensure you get the highest-quality ingredients. Provides added benefit in a formulation that also contains garlic and cayenne. Offers capsules, each of which contains 100 mg of standardized hawthorn extract**

**Healthy Sleep Support 60 Capsules \$20.99 Promotes restful nights of sleep. Contains melatonin and valerian to promote healthy sleep patterns. Provides other ingredients that promote feelings of relaxation. Produces more restful sleep patterns, resulting in less fatigue and stress throughout the day**



**Healthy Weight Formula 90 Tablets Now: \$24.95 includes a carb blocker (Phase 2®), an appetite suppressant/fat burner (Citrimax®), and natural stimulants (green tea and citrus fruit peel extract). Contains no ephedra. Provides economical formula that is much less expensive than buying all individual products. Is designed to support a low-fat diet and exercise program.**

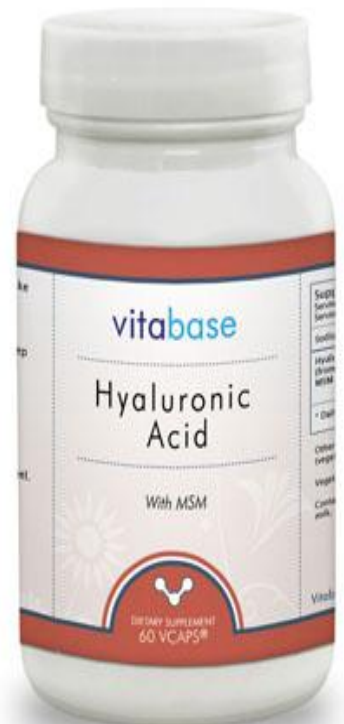




**Inositol Powder Powder 2 Oz. \$10.89** Works closely with B vitamins and should be taken with a B complex. Is important for healthy cell membranes. Provides powdered form easily soluble in water or juice. Is extremely important to a healthy diet.



**Immune System Support 60 Capsules \$19.75** Contains the vitamins, minerals, and herbs essential for a healthy immune system. Offers economical formula that is much cheaper than taking individual products. Fortifies the body against invasion. Supports a healthy immune system.



**Hyaluronic Acid 60 Vegicaps \$22.30** Improves cartilage, making it more resistant to compression. Adds MSM to help relieve joint pain and inflammation. Is found throughout the body but decreases with age. Is important component of synovial fluid.

# Kid's



**Kid's Stuff Complete with Probiotics 120 Tablets \$17.20** Provides chelated minerals for better absorption. Offers vegetarian, great-tasting cherry flavor. Provides three strains of probiotics. Has been sweetened with xylitol and lucohan. Offers less sugar and fewer calories



**Kid's Stuff Multivitamin 100 Tablets \$11.45** Helps supplement the poor diets of picky eaters. Provides additional iron. Offers no yeast, artificial colors, flavors, or preservatives. Helps meet daily calcium needs for strong teeth and bones.



**Kids Chewable Calcium 100 Chewables \$14.20** Is crucial to the development of good bones during childhood. Includes vitamin D and magnesium for superior calcium absorption. Offers chewable, great-tasting tablets. Affirms that children don't typically ingest enough milk and other high-calcium foods. Is needed for muscle contraction, nerve health, and hormone release.



**L-Arginine (500 mg)  
100 Vegetarian Capsules  
\$12.45 Provides one of  
the most important amino  
acids.  
Supports healthy immune  
system.  
Helps in tissue repair.  
Improves cardiovascular  
function.**



**L-5-HTP (100 mg)  
30 Capsules  
Now: \$12.50**

**Provides  
hydroxytryptophan,  
which the body  
converts to serotonin.  
Offers serotonin, which  
regulates sleep, mood,  
and even appetite.  
Contains vitamins C  
and B6 to optimize  
effectiveness.**



**Ginseng Extract Korean  
(350 mg) 60 Capsules  
\$11.80 Has been used  
for centuries to combat  
weakness and provide  
extra energy.  
Helps support immune  
function, even under  
stress.  
Offers standardized  
herbal extract  
guaranteed to be of very  
high quality.  
Restores proper balance  
to the body.**

## Mood Support

60 Capsules

Now: \$14.50

Provides superior formulation of five key ingredients that benefit your mental state. Helps support stress and anxiety reduction. Offers very economical formula when compared to buying individual products



## MSM (1000 mg)

120 Tablets \$14.10

Features OptiMSM™, which is held to strict product specifications, making it the highest-quality and most consistent MSM available in the world.

Is guaranteed to be 99.9 percent pure.

May help relieve pain and increase mobility.

Provides tablets, each of which contains 1,000 mg of MSM.





**Olive Leaf (500 mg)  
60 Capsules \$16.20**  
Supports the immune, circulatory, urinary, and digestive systems. Supports blood sugar levels already within a healthy range. Contains a full spectrum of components as they occur naturally in olive leaves. Offers strong antioxidant properties



**Odorless Garlic (25 mg) 100 Softgels \$10.25**  
Has been traditionally used for heart health and circulation. Contains concentrated extract from whole-clove garlic. Features special 18-month aging process that removes odor. Offers high amounts of scordinin.



**Niacin-No Flush (400 mg)  
50 Capsules \$12.50**  
Does not cause the flush commonly associated with niacin use. Is derived from the finest inositol hexanicotinate available. Is important for maintaining cardiovascular



**Royal Jelly (500 mg) 60 Capsules \$21.25**  
Offers valuable source of amino acids.  
Provides most B vitamins.  
Can help boost the immune system.  
Contains essential fatty acids as well as  
RNA and DNA.



**Saw Palmetto (320 mg) 30 Softgel Capsules \$11.45** Has been scientifically shown to support prostate health.  
Is oil based in a softgel capsule that provides exactly the right amounts of the active components.  
Offers the exact same saw palmetto used in prominent studies documenting its benefits.  
Provides softgel capsules, each of which contains 320 mg of standardized saw palmetto extract.

**SAM-E (200 mg) 30 Tablets \$28.10**  
Provides natural mood enhancer.  
Supplements a vital nutrient, which the body often does not produce in sufficient amounts.  
Offers liver and joint support.  
Provides enteric coating to protect tablets from environmental moisture.  
Provides tablets, each of which contains 200 mg of SAM-e.



**Spirulina (500 mg) 100 Tablets**  
**\$9.45** Provides the most remarkable concentration of nutrients known in any food, plant, grain, or herb. Offers a great whole-food alternative to isolated vitamins and minerals.

Contains vegetable protein, beta-carotene, vitamin B12, iron, trace minerals, and GLA.

Also contains all essential amino acids. Provides tablets, each of which contains 500 mg of spirulina.



**Soy Isoflavone Ext 60 Tablets**  
**\$12.14** Helps with menopausal symptoms such as hot flashes. May help support heart health. Is standardized to ensure high quality



**Super Stress Formula 60 Tablets**  
**\$16.10** Contains a combination of vitamins and herbs that replace nutrients depleted by stress. Provides time-release formula that gradually releases nutrients throughout the day. Offers only the highest-quality ingredients for maximum potency.



**Super Omega-3 Enteric Coated 60 Softgels** \$14.22 Supports a healthy heart. Is recommended by the American Heart Association. Offers enteric coating that eliminates odor and aftertaste. Supportive but inconclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. Is carefully processed to remove any harmful elements.



**Thyroid Support 60 Capsules**  
**\$8.75** Contains a complete spectrum of vitamins, minerals, and herbs designed to support healthy thyroid function.

Includes L-tyrosine, an important amino acid the thyroid needs to produce an important hormone for controlling metabolism. Iodine, a key to thyroid health, is included in chelated form and provided through kelp and bladder wrack.



**True Calm Amino Relax 90 Capsules** \$16.99 Supports relaxation.

Helps maintain a balanced mood.

Provides powerful combination developed from latest amino acid and neurotransmitter research





**Ultra Greens 4.4 Oz. (125 G) Now: \$19.25 Includes more than 40 quality, natural ingredients.**  
**Provides a convenient solution for those concerned they may not be getting enough fruit and green food in their diets.**  
**Is loaded with vitamins, minerals, essential fatty acids, and antioxidants, making it a well-rounded product.**  
**Is nitrogen flushed for maximum freshness**

**Ultra Minerals 100 Tablets \$12.20 Contains a complete mix of minerals necessary for good health.**  
**Keeps cells healthy and reproducing properly.**  
**Is necessary for proper nerve function.**  
**Helps keep the immune system strong.**  
**Includes 1,000 mg of calcium per serving.**  
**Offers high quality and unmatched potency.**



**Ultra Veggie Enzymes 60 Vegicaps \$14.10**  
Supports proper digestion and absorption of nutrients.

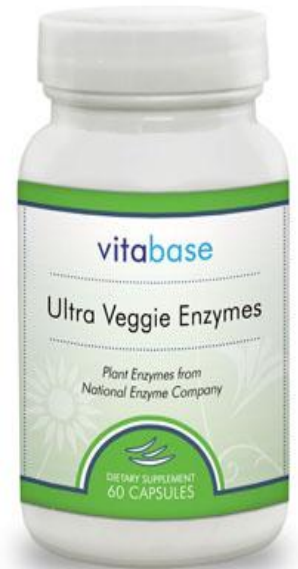
Is manufactured by National Enzyme Company, the industry leader in enzyme technology.

Provides capsules, each of which contains 275 mg of our plant-enzyme blend.

Offers a vegetarian enzyme solution derived from plants.

Contains major enzymes needed to break down fats, starches, and proteins.

Includes bromelain and papain, which break down meat fibers and aid in relief of indigestion.



## Holistic Health Clinic of Georgia

**Valerian Root (125 mg 100 Capsules \$7.95)**

Provides helpful sleeping aid for those suffering insomnia and other mild sleep disorders.

Serves as a stress reducer and offers anxiety relief.

Assists in falling asleep faster and sleeping longer.

Offers fewer side effects the next day.

Promotes feeling of calmness.

Helps relax the nervous system.



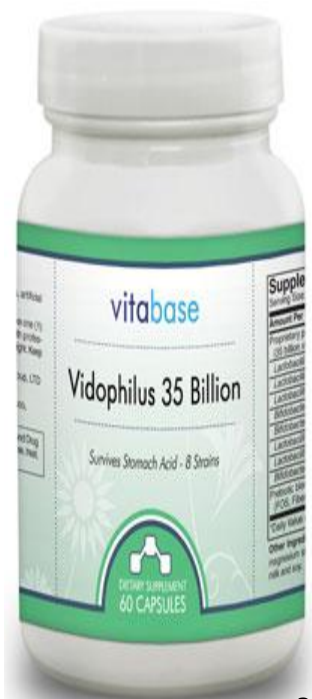


**Coconut Oil 12 Oz  
\$13.50 Provides high levels of lauric acid, myristic acid, and caprylic acid. Contains all the healthy benefits of coconut oil without trans fats. Has been used traditionally for centuries for health purposes.**

**Vinpocetine Plus (10 mg)  
60 Vegetarian Capsules  
\$14.50 May aid memory. Supports brain circulation. Helps cognitive function**



**Vidophilus 35 Billion 30 Vegetarian Capsules  
\$24.55 Provides eight probiotic strains from Danisco, a world leader in probiotic research and manufacturing. Offers very high potency at 35 billion viable cells per capsule. Provides Bio-Enhanced, Acid Resistant Strains (BEARS), which ensure survivability in both low (acid) and high (alkaline) pH environments. Does not require refrigeration. Includes FOS, a food source for probiotics**





**Vita-Barley 7 Oz Powder \$28.55**  
Provides live enzymes, antioxidants, amino acids, vitamins, and minerals.  
100% pure organic barley powder with no fillers.  
Less than 1/2 the cost per serving of the competition when taking the powder.  
Helps overall energy.  
Enhances performance for active lifestyles.  
Cost effective and easy--no juicing mess!



**Vita-Barley 300 Capsules \$27.99** Provides live enzymes, antioxidants, amino acids, vitamins, and minerals.  
100% pure organic barley powder with no fillers.  
Less than 1/2 the cost per serving of the competition when taking the powder.  
Helps overall energy.  
Enhances performance for active lifestyles.  
Cost effective and easy--no juicing mess!



**Vision Support 60 Capsules \$12.55** Contains lutein, bilberry, lycopene, and virtually all other major vitamins and herbs related to good eye health. Provides high-quality ingredients. Offers economical plan when compared to buying individual products. Provides powerful antioxidants that help protect eyes from free-radical damage.



## BEST VALUE PRODUCTS

**Chamomile & Mint Astringent**  
Contains Soothing Chamomile  
And Mint Extracts To Tone  
And  
Refresh Anytime of Day

Effectively cleanses as it temporarily tightens enlarged pores. For gentle therapeutic freshening throughout the day, Chamomile and Mint Astringent helps remove oils and soil residues from your face.  
4oz. \$7.99



**Aloe Vera – Australian Tea Tree Oil – Cleansing 4oz. \$10.99**  
Crème Soothing, Nourishing Facial Cleansing Creme



**Ultra Aloe Multi-Nutrient Complex 4oz. \$12.99**  
Ultra Aloe Multi-Nutrient Complex Soothing, Nutritionally-Rich Moisture Creme



**Australian Tea Tree Oil 4oz. \$7.99**  
Gentle Antiseptic Soothes Irritated Skin

The natural anti-inflammatory properties of Australian Tea Tree Oil (Melaleuca Alternifolia) help soothe and treat sensitive, irritated skin.

Specially formulated to help tighten pores and firm the skin for a youthful, healthy appearance. Also is recommended for men as an after-shave skin conditioner.



**Retinyl A Crème 4oz. \$12.99**  
Restorative Nighttime Moisturizer Containing Retinyl A And Therapeutic Australian Tea Tree Oil

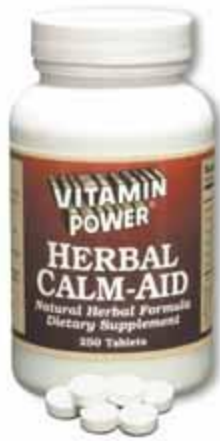


**ULTRA JOJOBA Nutritional Therapy Conditioning Shampoo 8oz \$6.89**  
New Enhanced Formula with Multi-Nutrient Complex Including Biotin, Vitamins B12, C & E Plus Panthenol and Protein

Formulated for both men and women, Ultra Jojoba invigorates hair and scalp with a synergistic blend of Jojoba Oil, Botanical Extracts, B-Complex, Vitamins C & E plus Panthenol and Hydrolyzed Wheat Protein.



**Herbal Calm Aid Multi-Herbal Tablets 100caps \$8.75**  
 Balanced combination of nature's herbs to help relax anxious nerves and tensions typically attributed to the fast-pace of today's daily living. Each tablet is naturally film coated to protect the freshness, potency and purity of each ingredient.

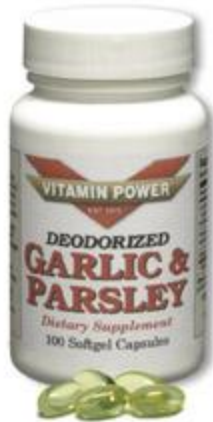


**Pomegranate Antioxidant Complex 100 Tablets \$13.99**  
 Natural Nutritive Whole-Fruit Source of Powerful Antioxidant Polyphenols... Plus Essential Vitamin C, Niacin, Selenium and Potassium



Pomegranate (*punica granatum*), a nutrient-rich fruit, has been used throughout the world for centuries for its legendary restorative powers. It has powerful antioxidant, anti-inflammatory properties and is known to contain natural estrogens (estradiol, estrone and estriol) providing functional estrogenic activity.

**Deodorized Garlic & Parsley 100 softgels \$6.99 Each**  
 capsule contains the natural expressed oils of garlic (deodorized) and parsley obtained from the distillation of fresh garlic bulbs and parsley seeds.



**Super Evening Primrose Oil 90 softgels \$15.99**  
 Super Evening Primrose Oil-1000 mg is the natural nutritional source for GLA, a precursor to Prostaglandins, functional-specific biomolecules responsible for regulating many essential cellular activities.



## Holistic Health Clinic of Georgia

**Grape Seed Extract Capsules with Resveratrol 30 capsules \$8.99**  
 Grape Seed Extract supplements are rich with antioxidant vitamins. Include this powerful natural antioxidant Grape Seed Extract supplement with your daily nutritional regimen to help fight disease-causing free radicals and support your immune system to maintain a healthier, active life. Grape Seed Extract contains protective polyphenols, particularly resveratrol which have been linked to the following benefits:

- Helps protect cells from free radical damage.
- Promotes healthy circulation.
- Helps Gastric health.
- Helps promote brain, skin and eye health.
- Promote mental alertness and help prevent senility.
- 20 times more potent than Vitamin C.
- 50 times stronger than Vitamin E.



Lycopene 100 Softgels \$17.25  
 Powerful Carotenoid From  
 Tomatoes  
 Providing Protective Health  
 Benefits  
 Replenishment of the body's  
 Lycopene supply  
 can help bolster the body's  
 defense mechanisms,  
 resulting in greater protection of  
 the body's enzymes,  
 DNA and cellular lipids.



Oat Bran Fiber 180 Tablets  
 \$12.05 Oat Bran Fiber Complex  
 supplies oat bran  
 plus psyllium and pectin. Our  
 oat bran soluble fiber  
 supplements  
 are a great dietary source.  
 Soluble oat bran fiber has been  
 shown  
 to help attract water to the  
 digestive track for added  
 moisture and bulk.  
 This slows the rate of digestion  
 and provides assistance in  
 removing  
 wastes and cholesterol.



Green Tea Extract 100 Capsules  
 \$17.25 Green Tea Extract  
 capsules contain a complete  
 spectrum of beneficial  
 botanical ingredients, balanced  
 by nature.  
 This convenient Green Tea  
 Extract supplement capsule is  
 produced  
 to the most exacting standards  
 of potency, purity and efficacy  
 in the industry.



Complete Men's Multiple  
 180 Tablets \$25.99  
 Complete Men's Multiple  
 provides vitamins for men  
 ultra potency multiple  
 vitamins & minerals. Each  
 men's multivitamin  
 key male nutrients  
 specifically formulated for  
 the physically-active man.  
 Vitamin Power's  
 supplements for men  
 include the following  
 benefits  
 with includes:  
 - Comprehensive nutritional  
 support.  
 - Help maintain a solid  
 foundation for natural  
 health.  
 - Helps improves energy  
 and vitality.



Coral Calcium Complex 100  
 Tablets \$14.99 Provides  
 synergistic trace mineral  
 complex including:  
 Magnesium, Phosphorus,  
 Potassium, Sulfur, Zinc  
 and Selenium, the trace  
 nutrients naturally found in  
 human skeleton and the body  
 fluids essential to life.



Vitamin A & D Softgels  
 100 Softgels \$7.00 This  
 balanced combination  
 provides 5,000 IU  
 of Vitamin A and 400 IU of  
 Vitamin D (100%  
 of the Daily Value for  
 each). The vitamin activity  
 in this formulation is  
 supplied by Halibut Liver  
 Oil.

